BLACK HAWK DOWN

Action/Adventure 2 hrs. 24 min. Starring: Josh Hartnett. Tom Sizemore, Ewan McGregor Sam Shepard. William Fichtner



Black Hawk Down is director Ridley Scott's

adaptation of the true war story as told in Mark Bowden's book of the same title. The film takes place in 1993 when the U.S. sent special forces into Somalia to bring food and humanitarian aid to the starving population. Using Black Hawk helicopters to lower the soldiers onto the ground, an unexpected attack by Somalian forces brings two of the helicopters down immediately. From there, the U.S. soldiers must struggle to regain their balance while enduring heavy gunfire.

THE MAJESTIC



Drama, Comedy and Romance 2 hrs. 29 min. Starring: Jim Carrey, Martin Landau Laurie Holden, Bruce Campbell, Jeffrey DeMunn

In this Capra-esque drama set during the 1950's blacklist, a young, ambitious Hollywood screenwriter (Jim Carrey) loses his job and his identity, only to find new courage, love and the power of conviction in the heart of a small town's life.

OCEAN'S ELEVEN

Comedy and Crime/ Gangster 1 hr. 56 min. Starring: George Clooney, Brad Pitt. Matt Damon Don Cheadle Julia Roberts



(George Clooney) is a

man of action. Less than 24 hours into his parole from a New Jersey penitentiary, the wry, charismatic thief is already rolling out his next plan. Following three rules - don't hurt anybody, don't steal from anyone who doesn't deserve it, and play the game like you've got nothing to lose - Danny orchestrates the most sophisticated. elaborate casino heist in history.

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Movies

FRIDAY, FEBRUARY 8

7pm Black Knight PG13 - 95min

9pm Vanilla Sky R - 120min

SATURDAY, FEBRUARY 9

7pm Monsters Inc. G - 96min

9pm Black Hawk Down R - 143min

SUNDAY, FEBRUARY 10

7pm The Majestic PG - 150min

Monday, February 11

7pm Ocean's Eleven PG13 - 116min

Tuesday, February 12

7pm Black Hawk Down R - 143min

WEDNESDAY, FEBRUARY 13

7pm Rush Hour 2 PG13 - 88min

THURSDAY, FEBRUARY 14

7pm The Majestic PG - 150min



Rick's Lounge
Rick's Lounge is now open daily from 4pm
to midnight to officers and civilian

Mardi Gras Celebration

Join us at the Tiki Bar on 8 February at 7pm as we celebrate Mardi Gras, Games prizes and plenty of beads for everyone. Call 4360 for details.

<u>Valentine's Day Special</u> Enjoy a relaxing cruise on the bay. We are offering half -off hourly rental rates (plus gas) for any available boat on Valentine's Day (excludes the Gtmo Queen).

Join us at the Windjammer Bar for our 2002 Valentine's Party, 7pm until it's over.

Washington's Birthday Special
Feb. 18 - If you were born on this day, get half off normal daily rental fee for any available boat, water toy or rod & reel combo (excludes gas and the Gtmo Oueen).

Youth Center February 8 - Open Rec. February 9 - Valentine's Day Party Call 4658 for more information

Oasis Teen Center

February 8 - Open Rec. February 9 - Valentine's Day Party Call 2096 for more information.

Free Kayaking Lessons

Every Saturday and Sunday at the Marina, 2 to 4 pm and 4 to 6 pm. Beginners through advanced. Qualified instructors take you through the steps to become a qualified kayaker. Sign up at the Marina or call 2345.

Free Sailing Lessons

Every Saturday and Sunday at the Sailing Center. Learn to enjoy the bay in one of our high-speed Zumas Hunters or Catalina 22's. Our qualified instructors can help you attain basic to advanced skipper licenses. Call 2345 for sign up times.

<u>Tae Kwon Do</u> Marine Hill aerobics room

Children - Monday - Friday, 4 -5pm. Adults - Monday - Friday 6:30 - 7:30pm. All ages - Monday - Friday 11am - 12pm.

CDC Saturday, February 16th 6:30pm to midnight. A reservation fee of \$2.50 is due by Wednesday, February 13th, to hold a spot for your child(ren). One hour is \$2.50, two hours is \$5.00, and three or more hours is \$12.00.

For more information on any of the events listed above, call 5225.

GUANTANAMO BAY

Take steps to prevent skin cancer

Skin cancer is the most common form of cancer in the United States. There are three main types of skin cancer: basal cell carcinoma and squamous cell carcinoma-known as common skin cancers-and melanoma

Basal cell carcinoma (BCC)

Most common and least dangerous skin cancer

Appears as a lump or scaling area

Red, pale or pearly in color

As it grows it may become ulcerated like an unhealing sore or one that heals then breaks down again

Grows slowly, usually on the head, neck and upper torso

Squamous cell carcinoma (SCC)

Not as dangerous as melanoma but may spread to other parts of the body if not treated

A thickened red, scaly spot, Later it may bleed easily or ulcerate. Appears on sites most often exposed to the sun. Grows over some months

Melanoma

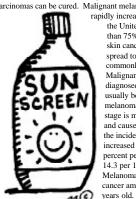
The deadliest skin cancer

If untreated, cancer cells spread to other parts of the body. Appears as a new spot, or an existing spot, freckle or mole that changes color, size or shape

Usually has an irregular or smudgy outline and is more than

Grows over weeks to month, anywhere on the body (not just in places that get a lot of sun)

Although death rates from basal cell and squamous cell carcinomas are low, these cancers can cause considerable damage and disfigurement if they are left untreated. However, when detected and treated early, more than 95% of these carcinomas can be cured. Malignant melanoma, the most



rapidly increasing form of cancer in the United States, causes more than 75% of all deaths from skin cancer. This disease can spread to other organs, most commonly the lungs and liver. Malignant melanoma diagnosed at an early stage can usually be cured, but melanoma diagnosed at a late stage is more likely to spread and cause death. Since 1981. the incidence of melanoma has increased an average of 7 percent per year to a rate of 14.3 per 100,000 in 1997. Melanoma is the most common cancer among people 25-29

Who's at Risk?

Although anyone can get skin cancer, people with certain characteristics are particularly at risk. The risk factors for skin cancer include

- Fair to light skin complexion.
- Family history of skin cancer
- Personal history of skin cancer.
- · Chronic exposure to the sun.
- History of sunburns early in life.
- Atypical moles.
- A large number of moles.
- · Freckles (an indicator of sun sensitivity and sun damage).

Prevention Tips

Exposure to the sun's ultraviolet (UV) rays appears to be the most important factor in the development of skin cancer. Skin cancer is largely preventable when sun protection measures are consistently used. However, approximately 70% of American adults do not protect themselves from the sun's dangerous rays. According to the results of CDC's 1992 National Health

- Only 30% of adults sought shade.
- Only 28% wore protective clothing when exposed to sunlight.
- Only 32% routinely used sunscreen lotion.

Three-fourths of adults reported that their children (aged 12 and younger) used some form of sun protection, according to the results of a 1997 American Academy of Dermatology household telephone survey. However, specific sun protection measures reported by adults for their children varied:

- 54% of children sought shade.
- 27% wore hats, and 8% wore shirts.
- 53% used sunscreen.

These results highlight the need for educating children and adults about the preventive measures that can be taken to reduce or avoid UV exposure. Research suggests that healthy behavior patterns established in early childhood can influence future behaviors and sometimes set lifetime patterns. Parents, health care providers, schools, and community organizations can play a major role in reinforcing sun protection behaviors (e.g., staying out of direct sunlight or timing outdoor activities for hours when UV light is less intense) and changing attitudes about exposure to the sun (e.g., the opinion that a person looks more attractive

Adapted from the CDC

GTMO SHOPPER

Final Notice: Claim abandoned vehicles

If you have the proper documents, claim your abandoned vehicle before it's disposed of. Contact MAC Deluca for details, 4105

License Plate#	Color	Make & Model		
A-9462	White	Datsun Pickup		
B-3912	White	Toyota		
A-3407	Yellow	Chevy Pickup		
A-7355	Blue	Honda		
B-3380	Brown	Cadillac		
B-3694	Grey	Subaru Wagon		
A-8916	Green	Volkswagen Rabbit		
B- 2494	White	Ford Escort		
B-7376	Red	Chevy Chevette		
B-4432	Blue	Datsun 200SX		
A- 5983	Red	Plymouth Reliant		
None	Primer	Plymouth Valiant		
B-1256	White	Ford Granada		
C-0720	Red	Datsun Wagon		
B-2196	Grey Primer	Ford Pickup		
C-7931	Red Primer	Ford LTD		
A-9280	Red	Mercury Marquis		
C-2476	White	Ford Pinto		
B- 1624	Black/Grey Primer	Chevy Chevette		
B- 1723	Red	Chevy Sprint		
B- 2127	White	Ford Escort		

FOR SALE

- (2) EZ-Go Golfcart. Runs well, but needs new batteries. Battery charger and spare parts included. \$300 or best offer. Call 7755 AWH.
- (2) Full-size Futon w/mattress and denim-colored cover. Light oak finish. \$150 Call 5517
- (2) Complete golf set. "Gary Player" graphite shaft/titanium clubs 3-P. 3 & 5 woods w/covers, "Rawlings" driver & putter, cart bag, padded airline travel bag, towels, balls, tees, and Nike golf shoes. Excellent condition, only used a dozen times. \$200. Call 5847 AWH.
- (2) Emerson Dehumidifier (30pt) less than 1 yr old. Works great especially suited for damp barrack rooms. Cost \$220 new, asking price \$120. Call 2351 (DWH) or 7319 (AWH).
- (3) Youth mini-Easy Boy reliner-\$20, folding plastic bedrail with flash light-Please call. (W)4099 or (H)5533.

VEHICLES/BOATS

(1) 15.5 Ft Chrysler Center Console w/ 90hp Johnson outboard motor. Boat includes trailer all required safety equipment, new radio and antenna, compass, lights and more. \$1,700.00 OBO, DWH 72118, AWH 5270

(2) 1986 Pontiac Fiero -- white w/6 cylinder, has new tires, stereo w/CD and clutch. Has all options you could want. Great sports car in excellent condition. Asking \$4500 OBO. Call 5577. (2) 1991 Chris Craft, Concept 167, 17 1/

2 ft. Runabout with I/O. 150 hp. One owner with very low hours. Trailer, custom cover and bimini top. \$4,500.00 firm. Call AWH at 7864. (2) 1993 Light Blue Ford Escort

Hatchback. Has A/C and new stereo. Runs great. \$3700 OBO. Call 5577.

(2) 1986 Ford Tempo - 5-speed maunual transmission, runs good - great GTMO car. \$850 firm. Call 2351 (DWH) or 7319 (AWH).

(2) 1992 Black Nissan Maxima 5-snd Selling price \$4500, Available Feb 20. FMI, call 5811.

(3) 1991 18' open bow ski boat. 235 hp outboard with skis, safety equipment and hand held radio. \$3,000 OBO. Call

(3) Motorcycle 1996 Yamaha Virago 1100cc. Great Condition, low miles. Asking \$5 500 firm Call 7672 (AWH)

(3) 17-ft Carolina Skiff 85HP Trolling motor, fish finder, safety gear all included. Must see. \$2,500 OBO. Call 7895

EMPLOYMENT

The American Red Cross is accepting applications for an after-hours caseworker. Duties include receiving. servicing, and sending emergency and personal communications for military and civilian members of the Guantanamo Bay community. Caseworker will be "on the pager" alternating weeks to handle evening, nighttime, and weekend calls. Red Cross will provide required training Qualified applicants should have casework or customer service experience. be knowledgeable of military culture and Red Cross services, and be available for nighttime and weekend work. Pick up applications at the Red Cross office in the Fleet and Family Service Center and return no later then Feb. 15. For more details, call 5060.

Paper Clips, etc., a division of Winston-Salem Industries For The Blind, Inc. headquartered in Winston-Salem, North Carolina, is ServMart. We will need new associates to join our store, with a special effort to employ visually challenged persons. We need cashiers, stock/ warehouse personnel and assistant managers. Please contact the Human Resource Dept. at 1-800-242-7726 or send an e-mail message to: LRing@wsifbcom.

The following are job vacancies currently open through the Human Resources Division:

Openings with closing dates:

Housing Mngmnt Asst, closes 2/15/02 Management Asst (Temp), closes 2/15/ 02 - Applicants who previously applied under announcement # 02-003 need not Open Continuous Vacancies: Supply Technician, 1s cutoff 12/21, closes 12/06/02 For more information contact the Human Resources Division at ext. 4822or4430.

The following job opportunities are available at the Navy Exchange.

F/T - Weekdays, Weekends Meatcutting Worker Security Guard

Personnel Office or call 4119.

Flex - Weekdays, Weekends Food Service Worker Motor Vehicle Operator

Flex - Afternoons to 7pm Cash Office Cashier For details, visit the Navy Exchange

Lost & Found

(3) Ladies watchfound on Sherman Ave Sunday, Jan. 21. If yours, please call 4242 to describe and claim.

(3) Lost: 16" Red Boys Bike with training wheels:hought for our son for Xmas. Missing out of our backyard at CC 39B. Please call Tamika at 5814 or 72190.

ANNOUNCEMENTS

Carribean Naval Lodge A.F. & A.M. will hold its March stated meeting on Wednesday, March 6 at 7:30 pm in Bldg, 1840. All Master Masons in good standing are invited to attend.

Phoenix Cable is now offering Brandband Cable Internet access in Guantanamo Bay, Contact the Phoenix Cable office at 2510 or stop by to sign

PERSONALS

Dear NCCS Drenning, Roses are red. Violets are blue. Oh, how we miss you Happy Valentines Day! 139 & a wakeup. We all love you and wait for your return.

Love, Jeannine Nick and Ashley

Welcome Aboard

Anna Catherine Lowe Born Feb. 5, 2002 7 lbs, 10oz.

19.5 inches Congratulations to: Lt. Matthew and Ashley Lowe

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This Week in Naval History

February 8

1862 - Joint amphibious force capture Roanoke Island, key to Albemarle Sound

February 9

1799 - USS Constellation captures French l'Insurgente

1943 - Organized Japanese resistance on Guadalcanal ends

February 10

1862 - Union gunboats destroy Confederate ships at Elizabeth City, NC

1900 - Appointment of first naval governor of Guam, Commodore Seaton Schroder 1960 - USS Sargo (SSN-583) surfaces at North

February 11

1862 - SecNav directs formation of organization to evaluate new inventions and technical development which led to National Academy of Science.
1971 - U.S. and USSR sign a treaty prohibiting the deployment of nuclear weapons on the ocean floor.

February 12

1945 - USS Batfish (SS-310) sinks second Japanese submarine within three days 1947 - First launching of guided missile (Loon) from a submarine, USS Cusk

February 13

1854 - Admiral Perry anchors off Yokosuka, Japan to receive Emperor's reply to treaty proposal 1913 - Naval Radio Station, Arlington, VA begins operations

1945 - First naval units enter Manila Bay since

1968 - Operation Coronado XI begins in Mekong Delta

February 14

1778 - John Paul Jones in *Ranger* receives first official salute to U.S. Stars and Strips flag by European country, at Quiberon, France.

1804 - LT Stephen Decatur, with volunteers from frigate Constitution and schooner Enterprise enter Tripoli Harbor by night in ketch Interpid to destroy the captured frigate Philadelphia. Decatur succeeds without American losses.

1813 - Essex becomes first U.S. warship to round
Cape Horn and enter the Pacific Ocean

1814 - USS Constitution captures British Lovely
Ann and Pictou

1840 - Officers from USS *Vincennes* make first landing in Antarctica on floating ice

African-American History Month Honors Navy Diversity

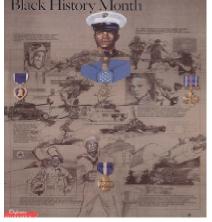
The following is from a message from the Chief of Naval Personnel, Vice Adm. Norb Ryan, Jr.

February 2002 Marks The 76th annual observance of African-American History Month. Its purpose is to educate Americans about African-American history and contributions African-Americans have made to our nation.

This year's national theme, adopted by the Department Of Defense, is "The African-

American Legacy: Contributions and Service in America's Defense." This theme reflects the past struggles made by those men and women who risked, and often gave, their lives in the cause of freedom. In addition, it reminds us of the efforts and sacrifices made by the more than 70,000 African-American men and women who serve in the U.S. Navy today.

Throughout our history, we have witnessed the rich heritage of African-Americans in the Navy. Our heroes of the past include Ensign Jesse



Leroy Brown, the first African-American naval aviator, who was posthumously awarded the Distinguished Flying Cross for his Korean War combat service; Chief Gunner's Mate John Henry "Dick" Turpin, the first African-American chief petty officer; Harriet Ida Pickens and Frances Wills, the first African-American female naval officers commissioned through the "Waves" program and Mess Attendant 1st Class Leonard Roy Harmon, posthumously awarded the Navy Cross for his heroism during the naval battle of Guadacanal and the first African-American to have a Navy ship named after him, USS Harmon (DE 678). In June 2001, Rear Adm. David L. Brewer III was the featured guest speaker in the christening of USS Mason (DDG 87). Its namesake, USS Mason (DE 529), proudly served during the racially turbulent World War II era. It was the first crew to be composed mostly of African-American Sailors.

Like the heroes of our past, many African-American men and women continue to be heroes today. Currently, Rear Adm. Anthony L. Winns serves as commander, Patrol and Reconnaissance Force, U.S. Pacific Fleet, intricately involved in Operation Enduring Freedom. Sailors such as Hull Maintenance Technician 1st Class (SW) Michael Hayes and Hospital Corpsman 3rd Class Tayinikia Campbell responded valiantly during the terrorist attack on USS Cole (DDG 67). Storekeeper 2nd Class Sean Taitt was awarded the Purple Heart as he stood in the line of fire in the Cole attack. Thousands of unnamed heroes continue to serve proudly in our Navy, including many of you who are supporting Operation Enduring Freedom.

All commands are encouraged to conduct programs, sponsor exhibits, publish items of interest in command bulletins, and solicit individual participation in appropriate observances of African-American History Month.

Navy Steps Up to Help Prevent Ecstasy Abuse

By Brian Badura

Bureau of Medicine and Surgery

Ecstasy abuse is on the rise across the country, and the military is not immune to the problem. Although the Navy maintains a zero-tolerance position on drug abuse, use of the club drug among Sailors has increased over the past few years.

Now, with the help of Navy medicine, hiding ecstasy use is going to be much tougher. Navy drug screening labs are increasing their ability to detect ecstasy threefold, thanks to a new reagent used during testing.

The reagent will be used in all Department of Defense screenings, which started in early January. "Our catalyst for the change was the trend of increased use," said Cmdr. Lisa McWhorter, Medical Service Corps, drug testing program manager at the Navy Environmental Health Center in Norfolk.

Bill Flannery, branch head for the drug detection and deterrence office at the Navy Personnel Command, said the reagent would expand the window of opportunity to detect ecstasy. "We will continue to evolve the Navy's drug testing program with technology. This new reagent is the gold standard by which all others are compared."

In the past, detection of ecstasy came as part of a more general test for amphetamines. According to McWhorter,

the new agent has a greater ability to detect smaller amounts and can specifically detect drugs like ecstasy. Navy leaders have been working on revising the testing process for about two years. In addition to helping make the final selection on the reagent from the vendor, Navy Medicine also tested the product at the Navy Drug Screening Lab in Jacksonville, Fla., before rolling it out to the troons.

The effects of ecstasy abuse can be seen in the short and long term. Symptoms range from decreased ability to regulate sleep and emotions, to increased chances for heart attack, stroke and possibly death. To learn more about ecstasy, go to the http://navdweb.spawar.navy.mil.

Make Snacks Heart Healthy During American Heart Month and National Snack Food Month

In addition to being American Heart Month, February is also National Snack Food Month. With a little help from the American Dietetic Association Foundation (ADAF), you can become heart healthy and enjoy good snacks, too.

Include a wide variety of healthful snacks in your eating pattern. Snacking on grain-based snacks, for example, can help maintain energy levels while providing vitamins, minerals, protein and carbohydrates. Regular physical activity promotes overall fitness, and a cardiovascular workout helps keep your heart healthy.

The following heart healthy snack tips is reprinted with permission from the ADAF.

Balance Good Nutrition With Good Taste

Nutrition experts recommend choosing a wide variety of foods from all the food groups in the Food Guide Pyramid. It makes good health sense to moderate total fat intake. Remember cutting down on fat doesn't mean cutting back on taste. Today there are lots of good-tasting, low-fat, nutritious snacks available. Here are some suggestions:

Go for the grains. Nutrition experts recommend 6-11 daily servings of grains, including bread, rice, cereal and pasta. To reach this goal, include plenty of grain-based snacks that are low in fat and calories, like graham crackers, pretzels, and fat-free flavored rice cakes.

Be a fan of fruits and vegetables. The pyramid recommends two or four servings of fruit and three to five servings of vegetables each day. Snack on bananas, peaches, carrots, or green and red pepper strips. Don't forget juices—try a glass of fruit or vegetable juice to help meet serving recommendations.

Don't forget dairy. To help meet your daily calcium requirement, choose two to three servings of dairy products each

day. Snack on low-fat yogurt, or have a low-fat or skim milk shake or a slice of cheese on a cracker.

Make Snacking a Part Of Your Active Day.

There are easy ways to make snacking work for you, which is especially important for an active lifestyle. Light snacks help keep you going whether you're at home or work, and especially when you're planning to exercise. Here are some tips for incorporating snacks into a healthy lifestyle:

Snack for energy. Include a small snack two to three times a day to help keep up energy levels.

Remember that juice counts. A glass of fruit or vegetable juice counts as a serving, too. Keep some in the fridge so you can grab one any time.

Snack with a friend. Take a snack break with a friend. By snacking with someone, you can remind each other to eat healthful snacks and take time out of your busy day to "catch up."

Stash a snack. Keep snacks in a desk drawer at work or even in a briefcase or carryall, so you're ready when the munchies hit. Be sure to toss a couple of snacks into your duffel bag when you're going to work out.

Pack snacks in the car. Snacks are fun to share with the carpool gang. Pack the car with some whole-wheat bread sticks, fat-free flavored rice cakes, or fresh apples, bananas, grapes and whole baby carrots.

Have a quick breakfast. No time for breakfast? Try a new take on the traditional morning meal with a snack-like breakfast, like individual packs of low-fat yogurt, a bagel with preserves, and a glass of fruit juice.

Treat yourself. Enjoy an evening snack, especially something sweet, after dinner. Savor some fig bars, fat-free caramel corn cakes, or low-fat frozen yogurt.

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Muslim chaplain teaches Islam to hospital staff, shares views

Story and Photos by Army Pfc. Jacob A. McDonald

"Islam is a commitment to peacefully surrender one's will to the will of God for spiritual and personal growth."

This message started the presentation given by JTF-160's Muslim Chaplain (Navy Lt.) Abuhena Saiful-Islam, during a brief for hospital personnel here earlier this week.

In the briefings, Saiful-Islam went over the basic beliefs of Islam to help them better understand the customs and lifestyle of the detainees they are treating. He began by defining some basic Muslim terms such as Allah, Muslim and Koran, and then gave a also described some basic cultural

"The concept of worship in Islam is greater than what I am going to say. It is the whole life. Anything we do agreeing with the divine guidance is part of worship," Saiful-Islam said. "Prayer is very involved; Muslims pray 5 times daily. Purification is required before prayer, including cleaning with water. Then there is the call to prayer. The person praying must face Mecca, the Muslim holy city. The person must then stand up and show the intention of prayer. The actual prayer or recitation comes from the Koran.'

There are relatively few prohibitions in Islam, he added. Knowledge of dietary restrictions such as pork products and alcohol gained through the briefings will allow medical staff to adjust protocols and better serve the detainees.

"It seems to help others and that's why I get this kind of request often," Saiful-Islam said. "It helps people to know what the religion is all about and be aware of the sensitivity. And if they have any misunderstanding, ...misconception [or] misinformation which they ask me to clarify. it helps bridge the gap of understanding between different faiths."

"Of course my primary thing is to talk to different military units: those who may be or are about to be deployed to countries that are mostly Muslim," he said.

Saiful-Islam also works closely with the Restrictions may change the way prayer can detainees. According to him, some of the religious concerns of detainees are the food, getting more religious-related books. religious service performances, and they can pray lying down. The motion will purification before prayer.

The briefings have already helped with understanding and resolving issues according to Saiful-Islam. As other issues are brought up, he believes the cultural and let them pray normally? Or due to physical religious education will continue to help.

treatment for Muslim detainees could

"Medically, if they are sick, they are sick. history of Islam and the beliefs therein. He They need medical treatment, they don't Pendleton, Calif., where he was serving as need religious treatment. If someone is chaplain in the Assault Amphibian School coughing and you want to give him a medicine that is full of alcohol, he might not Saiful-Islam spoke on religious diversity in accept it, but if it is saving life, any life will take precedence," Saiful-Islam said. "Religiously they are not supposed to do anything that is harmful to their own body. Religiously they don't own it. They are responsible to take care of it."

physically restricted in their movements.

"There are exceptions to how they pray. They can pray sitting down. If they are sick be different, but they can still perform the ritual. He is not going to commit sin by doing it, but he is forced to do it. We have to be sensitive to the fact of the prayers. Can we restraints or security, will they have to alter Differences in medical procedures or their prayers? If he is forced to pray differently it reflects on us rather than on him." Saiful-Islam said.

> Saiful-Islam arrived here from Camp Battalion. Among other accomplishments, America at the embassy in Oman. He is a member of the Religious Ministry Team, and has a Master of Islamic studies with a concentration in religious practices.

"Though the detainees took life it is not the place of other Muslims to decide whether Due to wounds some patients are that is right or not. It is up to God to decide," Saiful-Islam said.



Saiful-Islam briefs staffers at the Fleet Hospital 20 Monday.

February Is National Children's Dental Health Month; Oral Health Tips from American Dental Association

February is National Children's Dental Health Month and many people are unaware of the important role early dental care plays in children's overall health. The American Dental Association (ADA) recommends that parents take action early to insure the health of their children's teeth because attitudes and habits established at an early age are critical in maintaining good oral health throughout life.

Dental Visits

The ADA recommends regular dental checkups, including a visit to the dentist within six months of the eruption of the first tooth, and no later than the child's first birthday.

Benefits of Fluoride

Fluoride is considered one of the most effective elements for preventing tooth decay. Your dentist may recommend various ways for your child to get fluoride protection including:

- drinking fluoridated water;
- taking prescribed fluoride tablets or drops;
- fluoride application in the dental office;
- brushing with a pea-sized amount of fluoride toothpaste; and - using a fluoride mouth rinse for children over age six.

Baby Bottle Tooth Decay

Baby bottle tooth decay can destroy your child's teeth. It occurs when a child is frequently exposed to sugary liquids such as milk, including breast milk, fruit juice and other sweet liquids. The ADA recommends the following steps to prevent your child from getting baby bottle tooth

Begin clearing your baby's mouth during the first few days after birth. After every feeding, wipe the baby's gums with a damp washcloth or gauze pad to remove plaque.

Never allow your child to nurse or breast feed for prolonged periods and don't give him or her a bottle with milk, formula, sugar water or fruit juice during naps or at night in bed.

- Encourage children to drink from a cup by their first birthday.

- Discourage frequent use of a training cup.

Thumbsucking

Does your child suck his or her thumb? In babies and young children, thumbsucking is a normal, soothing reflex. As the permanent teeth come in, however, continued thumbsucking can cause improper growth of the mouth and tooth misalignment.

The ADA advises that children should stop thumbsucking by the time the permanent teeth come in, usually around six or seven years of age. You can try changing your child's habit by offering praise and rewards for not sucking the thumb. If this does not help, consult with your dentist.

Mouth Protectors

Any child involved in a recreational activity, such as soccer, hockey. football, roller blading, riding a scooter and even bicycling should wear a mouth protector. There are "stock" mouth protectors available in stores and a better-fitting variety, which are custom fitted by your dentist. Ask your dentist about using a mouth protector.

Dental Emergencies

Knowing how to handle your child's dental emergency can mean the difference between saving or losing a tooth. The ADA recommends the following tips on what to do for your child in case of: Knocked-Out Tooth: If the tooth is dirty, rinse it gently in running water. Do not scrub it or remove any attached tissue fragments. Gently insert and hold the tooth in its socket. If this is not possible, place the tooth in a cup of cool water. Go to your dentist with the knocked-out tooth immediately (within 30 minutes if possible). Consider using the ADAaccepted tooth preservation kit to keep knocked out teeth.

Toothache: Rinse the mouth with warm water to clean it and use dental floss to remove any food that might be trapped between the teeth. Do no place aspirin on the aching tooth or gum tissues and see your dentist as soon as possible.

2002 SEABEE/CEC Ball



Saturday, March 2 at the Windiammer

Guest Speaker: Jack Neill Music: Jim Veazev Special Performance by Jan Jones

1800 - Social Hour -------- 1900 Ceremony Menu: House Salad, Chicken Cordon Bleu, Rice Pilaf, Buttered Broccoli, dinner Roll, Tea & Coffee

E1-E3 ____ \$5.00 Attire: E4-E6 ____ \$10.00 Summer Whites or Civilian Equivalent O4 & Up __ \$20.00 Civilian \$20.00

For ticket information, contact CE1 Dula at 4125 ext.207 or email: n2011@usnbgtmo.navy.mil or loweMD@efdlant.navy.mil

SEABEE Ball T-Shirts On Sale

Available now at Public Works. Bldg 204. Cost is \$10. Contact Trish Loop at 4662, ext 204, for details.

SEABEE Road Block Fundraiser

\$20 buys you the nastiest truck we have to block in your "favorite" co-worker, friend or relative. \$20 gets the victim unblocked or he/she can wait until we get off work (around 8pm) and we'll unblock vou for free. Call 4024,4838 or 2391 until 9pm. All proceeds go toward the SEABEE Ball, March 2.

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Secretary of the Army visits X-Ray, Fleet Hospital

Story and Photos by Army Pfc. Daniel P. Kelly

Secretary of the Army Thomas White toured facilities here
Jan. 30 in response to a request from the Secretary of Defense
regarding war crime investigations.

staff.
W

"The Secretary of Defense has asked me to oversee the war crimes investigations of the detainees; and I wanted to come down and get first-hand knowledge of what the process looks like, and what they look like. I came to start out and get on with my mission, and that is why we're here," he said.

White arrived here about noon and went immediately to Camp X-Ray where, he toured camp facilities, the Level I Aid Station provided for detainees and the Joint Interrogation Facility. After touring the facilities, White visited with soldiers from Fort Benning, Ga., Fort Hood, Texas, Iowa National Guard and

Marines from Camp Lejeune, N.C., who make up the Camp X-Ray staff

White then went to Navy Fleet Hospital 20 at Radio Range to tour the Level III Aid Station and observe working conditions there.

"Everyone had to get this ready to go under very short term emergency conditions, and they are doing a good job," he said after observing close-up, the efforts of servicemembers here.

In response to questions about the duration of the operation, White stated that the Army would stay a big part of the effort here.

"Obviously as long as we have detainees here, the Army is going to be here playing our part, with Joint Task Force 160, and it's hard to say how long detainees will be here."

This was White's first visit to observe Joint Task Force 160 operations.



Secretary of the Army Thomas White is escorted through the detention facility by Army Col. Terry Carrico, Camp X-Ray commander.



"I think that the Soldiers are doing a magnificent job. Not only are the Soldiers from the Army, but Marines, Navy, and Air Force people that are here are doing a magnificent job of a critically important task, obviously under difficult conditions. They had to get this ready to go under very short term conditions, emergency conditions, and they're doing a good job," White said in regards to camp operations.



White observes detainees from outside the detention facility during his tour

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Residents Air Concerns at Town Hall Meeting

By JO1 April Gorenflo

Prior to Joint Task Force (JTF) 160 arriving at US Naval Station, Guantanamo Bay, there were only about 2,400 permanent residents. More than 1,500 JTF service members have arrived over the last six weeks in support of Operation Enduring Freedom.

The JTF is providing security for Al Qaeda detainees here at Camp X-Ray. Inevitably, there are issues arising from a greater than 50 percent population increase.

In order to handle these issues before they become major problems, Marine Corps Brig. Gen. Michael Lehnert, JTF Commander, Capt. Robert Buehn, Commanding Officer, US Naval Base Guantanamo Bay, Cuba, and Capt. Al Shimkus, Commanding Officer, Naval Hospital, held a town hall meeting Feb. 4, at the base's outdoor movie theater. Guantanamo Bay residents and deployed JTF service members were availed the opportunity to air their concerns to the base leadership and dialogue with one another.

Before addressing questions and concerns, Lehnert made a point to thank Guantanamo Bay residents for their hospitality,

"I'm speaking for every Soldier, Sailor, Airman, Marine and Coast Guardsman that came down here with me," he began. "The word I'm getting from the troops is the surprise and gratification and the support they're getting from GITMO. From the

bottom of my heart, I'd like to thank you."

The biggest concern most family members share is the fear they will be forced to leave the island for security reasons. This occurred during "Operation Sea Signal", the Haitian and Cuban migrant crisis in 1995.

Lehnert addressed that right away. He said the logistical and security concerns are much different in this case.

"The word I'm getting from the troops is the surprise and gratification and the support they're getting from GITMO. From the bottom of my heart, I'd like to thank you."

> -- Brig. Gen. Michael Lehnert, Commander, JTF 160

"You are a civilizing influence," he said. drawing a laugh from many of the family members in attendance. "I'm going to be the biggest cheerleader for keeping Team GITMO and the community just the way it is."

Another concern many residents expressed was about infectious diseases that may be carried by the detainees. Shimkus said the biggest medical concerns were malaria and

"We have a robust screening process." Shimkus said. "There are no TB cases at X-Ray, Two detainees have malaria, but we are treating them aggressively so they won't be

Another safety concern was the possibility that Guantanamo Bay could become a terrorist target. One resident asked what was being done to prevent that.

"I'm not going to kid you and say this isn't a security issue," answered Lehnert, "It's not like we're guarding Boy Scouts. But the security force is brought in to make sure we don't put our family members at risk." The JTF commander did not elaborate on specific measures, for reasons of operational security.

After the safety issues were addressed, many residents brought up practical concerns. Traffic was a hot topic of conversation. "We're going to keep the neighborhoods for residential traffic," Buehn assured the families. "We're emphasizing all those things and working on it. It's just going to take a little time to work the bugs out?

The town hall meeting concluded as it had begun, with grateful appreciation from Lehnert. "I'd just like to thank you," he said, "It's remarkable what a community can do. It's something everyone should be proud of."

Buehn echoed that sentiment. "It's going well right now, all I can say is thanks. You're all patriots and you're doing your part for your

Guantanamo Bay fleet hospital treats first X-Ray detainee

BY JOC Bill Austin

Normally when a new hospital opens for business it can be a grand affair that lends itself to perhaps a ribbon cutting ceremony or a speech from a dignitary. Not so for the opening of Fleet Hospital 20. No pomp and circumstance was seen or heard as they opened their doors to their first patient, an alleged terrorist.

Just over a week ago, Sailors from Fleet Hospital 20, based out of Camp Lejeune, N.C., arrived here, and with the help of Navy Seabees, cleared land and set up a series of massive tents that serve as a field hospital for wounded Taliban and Al Qaeda detainees held in "Camp X-Ray."

"What is really exciting about training with the Hospital Corpsmen and all the different rates, including our Seabees that make up the fleet hospital, is that never in

did we think we would have a mission like we have on our hands now," said Master

Chief Corpsman, Clifford Phillips, who serves as the hospital's Command Master Chief. "The type of mission we have now is something that has never been heard of in navy medicine," he continued. "We are every day here. I'm especially proud of our junior personnel, as they have given one hundred and ten percent out here. We have shown that we can take this navy hospital and deliver it anywhere in the world and have it set up and running within a week's time. I cant' think of a better way to end a thirtyyear career than to be right here with this fine group of Sailors delivering healthcare in Guantanamo Bay. Cuba."

In the hospital's operating room, a sea of hands began to work in a flurry of motion when they wheeled in a man dressed in orange coveralls. The detainee needed treatment for an old wound he had received prior to his internment. At the foot of the

table he lay on, an anesthesiologist looked into his eyes, closed her palms together, and held them to her cheek. "You will be going to sleep now," she said softly. He answered by looking back into her eyes, nodding that writing new chapters in healthcare delivery he understood. A few seconds later he was out. Expert hands of an orthopedic surgeon then went to work. "What he had was an infection in his foot from a gun shot wound," said Cdr. Bob Metts while wrapping the cleaned wound in fresh bandages. "What we did was clean the soft tissue on the sole of the foot," he added. The entire procedure took around thirty minutes.

> Outside the hospital in the blazing sun, Sailors of Fleet Hospital 20 were busy fine tuning their areas of responsibility around the compound. "We have one heck of a team here," said Chief Hospital Corpsman Les Adams, as he wiped a sweaty brow. "We sure ain't conch'n here," he added, referring to collecting conch shells at the beach.

Give Your Two Cents: Navy Quality of Life Survey

By Navy Personnel Command Public Affairs

Approximately 17,000 randomly selected Navy men and women will be asked for their inputs on quality-of-life (OOL) issues in a questionnaire they will receive this month. The survey is administered by the Navy Personnel Research, Studies, and Technology (NPRST) department of the Navy Personnel Command (NPC) in Millington, Tenn.

The Navy OOL survey asks about areas of Navy life critical to Sailors and their families. Officials hope to get feedback from Sailors on a wide range of topics including their career, shipboard life, housing options and preparedness.

NPRST's predecessor, Navy Personnel

Research and Development Center, first administered the survey in 1999. The biennial survey results help policy planners determine programs that need to be developed or altered to meet fleet needs

The Chief of Naval Personnel, Vice Adm. Norb Rvan Jr., stressed the importance of the survey. "We want to hear from Sailors. The information they provide when completing this survey will help us focus our quality-of-life efforts to ensure we do the right things for them and their families. As with everything we do, each Sailor's personal input is essential to enhancing the product for the entire

Sailors chosen to participate are scientifically selected to provide a

representative sample of the Navy. It is important that each Sailor who receives a survey complete and return it, because each individual represents not only their individual views, but the views of their peers as well. Not responding to the survey means the views of many Sailors will not be represented in policy reviews and changes

Sailors selected to receive the survey will be sent a notification letter approximately two weeks prior to the survey's arrival. This year the survey can be completed in two ways: either the standard paper-and-pencil method or on the Web site, which is included in the survey. Ouestions concerning the survey should be directed to NPRST, at (901) 874-2224 or DSN 882-2224.



The construction of the hospital required over 180 people in conjunction with Navy Fleet Hospital 20 from Camp Leieune, N.C. Initially, it took 17 Navy builders from Construction Battalion 423, commonly known as "the Seabees," to clear and prepare the land for the hospital. This took over three days of intense 24-hour operations beginning January 18.

GUANTANAMO BAY

Armed Services YMCA Holds Annual Essay Contest

With the goal of promoting reading among children, the sixth annual Armed Services YMCA Essay Contest is open to 1st through 12th grades, with prizes up to

Children and teens of the uniformed services (active-duty, Reserve, Guard and retired), and civilian (DOD, Coast Guard

FEAT THE EVIL FORCES OF BOREDOM AND DULLNESS! uperReader and eSurfer and enter Essay Contest 2002! sponsored by the Armed Services YMCA and the U.S. Naval Institute TELL US WHY YOU LIKE READING!

THREE \$500 and THREE \$100 SAVINGS BONDS

and American Mission) families, can enter the contest. Essays should be on any subject related to reading.

Deadline for entry is March 18, 2002. Full guidelines on the contests can be obtained by visiting the Armed Services YMCA web site at www.asymca.org; emailing essaycontest@asymca.org, or MilitaryFamilyWeek@asymca.org; or calling 703-866-1260.

Since the Civil War, the Armed Services YMCA has consistently provided educational, recreational, social and spiritual programs to military members and their families. Celebrating 140 years, the Armed Services YMCA, an affiliate of the YMCA of the USA and headquartered in Springfield, Va., has more than 80 program locations around the

Stingrays Hold First Swim Meet

The GTMO Stingrays held their first Swim Meet Feb. 2. The children swam in 25and 50-yard sprints competing for 1st, 2nd, and 3rd place, as well as competing against themselves for their own personal best time in each event. The team's next Swim Meet is at Deer Point Park on Feb. 16 at noon

The youth swim team is new to GTMO. It was formed in November 2001 and is coached by Mike and Terese Bagley. There are currently 22 children on this year's team, ranging in ages from 5 to 13. If you are interested in being on next year's team, the season starts in November



The GTMO Stingrays gather for a photo op following their first swim meet of the year. The team competes against other members and their personal best times at Deer Pt. Pool.

Single Parent Group

The group is open to all single parents or geographically separated parents here with their children.

This group has also been opened up to those here without their family members.

The group's focus is to create a network of moral support to these families.

> Open to parents with children of all ages.

Questions?

Contact Shannon Gallops. 4207 DWH or 7337 AWH.

Force Protection Tip of the Week

Don't hide your keys outside of your house.

GAZETTE

Worship **Services**

Roman Catholic Mass (Main Chapel)

Monday - Friday Daily Mass (Cobre Chapel) 0630 Saturday

1630 Reconciliation Eucharist/Mass 1730 Sunday Fucharist/Mass Camp X-Ray (QRF Tent) 1030

Eucharistic Adoration/Reflectiv Prayer (Cobre Chapel) Daily, 24hrs

Protestant Service (Main Chapel)

Worship Service Camp X-Ray

Sunday School

Church of Jesus Christ of Latter Day Saints

Jewish

Filipino Bible Fellowship

Worshin Service

Inglesia Ni Cristo

Worship Service

Pentecostal Gospel Temple

Seventh Day Adventist

Sanctuary L, Saturday 0930 & 1630

United Gospel Sunday

United Jamacian Fellowship

(Morin Ctr Complex - BLDG, 1036) Sunday

Please ask the Faith Group Representative about Education Programs, Bible Study, Prayer Groups, etc. For more details, cal. the Chaplain's Office at 2323.

Personnel Achievements



Above: YN2 Lorretta Forrest receives her Honorable Discharge certificate from Admin's Department Chief, YNC Melba Benjamin, before taking the Oath of Enlistment and extending her Navy career.

Below: Lt. j.g. Ricky Bland, Naval Station Migrant Operations Officer and former ADMIN Officer, receives an Outstanding Volunteer Service Medal for his many base volunteer activities, including the three initial Martin Luther King Candlelight Marches. Bland has transferred to his new duty station aboard USS Nimitz in its new homeport of San Diego.



BEQ Advisory Board Meeting

Wednesday, Feb. 13 3:30 pm in the BEQ kitchen. Residents and command representatives are invited

School Lunch Menu

Feb. 11 - 15

- Monday -

Sausage Pizza, Carrot Sticks, Pears, Mixed Vegetables. Milk

- TUESDAY-

Chicken Pattie. Baked Beans, Fresh Fruit, Milk

- WEDNESDAY -

Hot Dog w/Cheese. French Fries. Sweet Peas. Fresh Fruit. Milk

- THURSDAY-

Beef Taco w/ Lettuce, Tomato & Cheese, Spanish Rice, Peaches, Milk

- FRIDAY -

Oven Fried Chicken, Mashed Potatoes. Sweet Pea, Fresh Fruit, Milk

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U.S. Naval Base Guantanamo Bav. Cuba

GAZETTE

Commander, Naval Base

Chief Staff Officer CDR Michael Fair

Command Master Chief CMDMC(AW/SW) Ellen M. Mustain

Public Affairs Officer

Editor JO2 Amy Kirk

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Phone: 4502, 4819 Fax: 5279 E-mail: GAZETTE On-line: www.nsgtmo.navy.mil

Energy Conservation

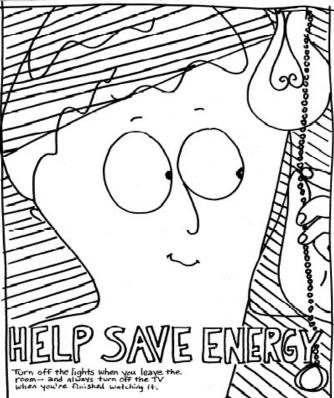
Remove lamps where you have more lighting than vou need, but be ure to maintain safe lighting conditions for work areas. Turn lights off when not in use.

Water Conservation

Total Used: 570,268.0 Daily Avg: 938,609.7 Daily Goal: 700,000

We spent -\$31,735.09 **OVER** our goal last week.

Conserve Energy Coloring Fun



FEBRUARY 2002 TIDAL DATA									
DATE	TIME	LEVEL	TIME	LEVEL	TIME	LEVEL	TIME	LEVEL	
08	0650	1.35	1318	0.26	1750	0.57	0006	-0.38	
09	0738	1.35	1412	0.24	1844	0.57			
10	0054	-0.36	0826	1.32	1454	0.23	1932	0.59	
11	0142	-0.32	0902	1.28	1530	0.21	2020	0.62	
12	0224	-0.28	0938	1.22	1600	0.19	2102	0.65	
13	0300	-0.22	1008	1.15	1624	0.16	2144	0.68	
14	0342	-0.15	1038	1.08	1648	0.12	2226	0.72	
15	0418	-0.07	1102	1.01	1718	0.07	2314	0.77	
16	0500	0.02	1132	0.92	1742	0.02	2356	0.83	

BRIEFS CONT.

by the EDIS Program at the Naval Hospital. The Early Childhood Specialist Educator for the Hospital, Donna Hudson Coakley, facilitates the group.

The group meets at the nursery on Chapel Hill on Mondays from 10-11 am.

This playgroup provides a way for parents to gain confidence in their parenting skills and assists them in exploring their feelings about parenting and benefits children by assisting them in learning the various aspects of sharing, cooperation and group dynamics. If you desire additional information about the GTMO Play Group, please contact Donna Hudson Coakley, at 2072.

Environmental Team Wins CNO Award

Congratulations to GTMO's Environmental Team for winning a FY 2001 Chief of Naval Operations Environmental Award in the Natural Resources Conservation, individual or team category. The team advances the Secretary of the Navy environmental awards competition

CNO and SECNAV award winners will be honored at ceremonies at the US Navy Memorial, 701 Pennsylvania Ave., NW, Washington, DC 20004, on April 30.

Motorcycle Safety Course

A Motorcycle Safety Course tentatively scheduled for April 3-8. All personnel who ride a motorcycle onboard the base are required to attend a Motorcycle Safety Course (AAA Approved). Space is limited so reserve your seat now. Sign up no later than close of business March 1. Due to seat limitations, personnel who ask for the course after March 1 will be put on a list for future classes. For more information. contact Mr. Newby at the Safety Office, 4526 or 4529.

OCSC Scholarships

Applications for seniors are available for pickup. Parents may visit the school counselor, Mr. Haley, to pick up and sign for your child's application. All applications are due March 15. Call Jean Anne with questions or concerns at 5418.

OCSC Plans Cookies for Troops, Casino Night

The OCSC is hosting a Wine, Cheese and Fondue Gala at the Sailing Center Feb. 22 at 6 pm. A variety of special cheeses and



Photo by JOC Ric Evans

BGen Michael Lehnert cuts the ribbon on the Tax Assistance Center in the former Legal Assistance Office spaces of the White House on ADMIN Hill while volunteer staff members and the first customers stand by. Capt. Robert Buehn and center spearhead, LCDR Lori Nygard, Naval Station JAG, were also on hand for the ribbon cutting. A red, white and blue ribbon, used for several years in the tax Center opening ceremonies, made another appearance this year attached to the scissors.

Faster Refunds With VITA

With the latest news about tax cuts and rebates, the issue of taxes is on everyone's

Sailors and Marines seeking information about the new tax laws should stop by the Volunteer Income Tax Center (ELF/VITA) during the 2002-tax season.

One of the best reasons for taking taxes to the ELF/VITA site is because the service is free. The VITA staff will fill out and electronically file most taxes for active-duty personnel, family members and retirees at no cost. In addition, Sailors and Marines can receive their refunds in approximately nine days if they file electronically, instead of the 45-day wait.

The ELF/VITA center's doors are now open and will remain so until April 15. It is currently located at the White House. The center is open during normal working hours. Both appointments and walk-ins will be taken. However, appointments are preferred because (1) when you make the appointment the receptionist will advise the client what documents are necessary, and (2) appointments reduce the waiting time for all.

Additional hours will be set for after normal working hours and weekends. VITA representatives will also provide service to members of JTF-160 at the Pink Palace. For more information on services, dates and hours, the VITA number is 4692.

fondues will be served. Bring your favorite wine to sip and share. Tickets for the event are \$5 and will be on sale at the NEX atrium Saturday. Feb. 9 from 10 am to noon. For more details, call Kathy at 2376.

In conjunction with the W.T. Sampson High School National Honor Society, the OCSC is organizing "Cookies for the Troops." If you would like to donate cookies, drop them off at the schools Home Ec. Classroom on Tuesday, Feb. 12. Donations of plastic sandwich bags,

labels and red or pink ribbon is also appreciated. Look for details about OCSC's Casino Night

For more information call Judy at 5288.

coming in March. If you would like to learn how to be a dealer for the event, practice begins Thursday, Feb. 21 from 6 to 8 pm. Call Randi at 5444 for details.

SAVI Volunteers Sought

Sexual Assault Victims Intervention (SAVI) volunteers are needed for Guantanamo Bay. Training has not yet been scheduled. Volunteers with or without previous experience are welcome. For more information or to volunteer, contact the GTMO Fleet and Family Support Center (FFSC) at 4141.

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www.nsgtmo.navy.mil

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BRIEFS

Community Fleamarket Feb. 16

Make extra cash from your treasures! The GTMO Community Flea Market is Saturday, Feb.16, from 7 am to noon at the Community Center.

If you want a table, please contact JoAnn King at 2774 or Cell McMillan at 7597 after working hours. There is no charge for tables or the facility; this is not a fundraiser for any organization, so the proceeds from sales will be kept by participants. Call now to reserve a table.

Camp X-ray, Detainee Pictures Prohibited

A new base instruction is in effect that bans the taking of unofficial and unauthorized photos of Camp X-Ray and/or of the arrival and transportation of Camp X-Ray detainees. Base Security will confiscate the film, or digital media and for repeat offenses will also take custody of the photo equipment from anyone taking unathorized photos. For more information, contact Base Security, 4105

Treasures and Trivia accepting donations

Treasures and Trivia thrift store is accepting donations of household items designated to improve the quality of life for JTF and Fleet Hospital personnel. Items may be dropped off at the store or in the collection bin but must be designated for JTF use only. These items are placed in a special JTF merchandise area. All types of household items are needed. This project is jointly sponsored by the OCSC and the HSSO. FMI call 4860.

Playgroup Boosts Parent Confidence

The GTMO Play Group has begun to meet again. It is free and open to parents and their infants and toddlers and is sponsored

Continued on page 3

story on page 6)

Questions, Answers Highlight Town Meeting

